



Spirituality at St Andrew's

Expressing and putting into words what spirituality actually is can be difficult, as it is a uniquely personal experience and differs from person to person and can change throughout a lifetime.

Spirituality is not the same as having a religion or faith; a person can be spiritual without having a particular faith.

As a school community, we have defined spirituality as:

Something we feel outside of ourselves.

It is about an awareness of the world, asking questions, looking out and being inspired by the wonder of life in all its fullness.

At St Andrew's the pupils are able to ask and answer big questions; discuss, reflect and develop their ideas through our school Christian values, our curriculum and our personal relationships.

It is our aim to provide a school context in which staff, pupils and parents can develop:

- A sense of awe and wonder through reflecting on and studying science, nature, art and music.
- Be inspired by finding out about people who are truly amazing.
- Connect with each other through love and mutual respect.
- Reflect on our experiences and look inside ourselves.
- Offer support to one another when facing new challenges or when moving on to new situations.

Love, Respect and Responsibility