20 Screen-Free Activities for Home Learning



Make a Puzzle

Cut up a picture from a magazine, a hand-drawn picture or even a photograph into different shapes to make your own puzzle.

Junk Modelling

Make a 3D model using clean recyclables.





Send Some Post

Write to a friend or family member or draw a picture. Pop it in a stamped addressed envelope and mail it when you can.

Learn a New Skill!

Master a new skill! Try learning to tie a shoelace or tell the time.





Go on a Shape Search

Look around your home to see how many 2D and 3D shapes you can find. Record how many you find on a piece of paper.

Be an Artist!

Draw, paint or collage a picture of something you can see in your home.





Get Baking

Choose a recipe of something you like to eat.

With an adult, take care to measure out the ingredients and follow the recipe.



Look out the window, or go in the garden if you can. Draw or write about what you can see. Are there any animals or birds?





Learn a Poem

Find a poem in a book and challenge yourself to learn it off by heart. Try performing it with actions.

Be a Reader!

Keep reading anything you can. You can read books, magazines or even cereal packets.



Make Up a Dance

Choose some music to listen to and make up a dance to go with it.







Make Your Own Small World

Set up an imaginative small world with mini-figures and building blocks. Make your own trees and buildings out of paper and card.

Set up an Everyday Art Gallery

Lay out everyday objects, such as pieces of fruit and toys. Write a sentence card to explain what each piece of art is and invite anyone in your home to come and look around.





Keep Fit

Keep yourself healthy at home by setting up a circuit of three different exercises. Include a jumping station, a running station and a stretching station.

Eat Your Colours

With help from an adult, cut fruit and vegetables into pieces. Arrange them on a plate to make a picture, then eat these 'colours'.



Building Block Challenge

Using just 10, 20 or 30 small building blocks, see how many different creations you can make.





Play a Board Game

Choose a board game from home and play it with your family. If you can't find one, you can print out this game of **Snakes and Ladders**.



Play a describing game with someone at home. Choose an object that you can see, describe it to the other player using 3 clues.





Memory Game!

Collect 10 small objects from around the house and put them on a tray. Ask another person to close their eyes while you remove one object. When they open their eyes, they have to guess what is missing.

Make a Musical Instrument!

Fill a clean, empty yoghurt pot with dried beans and stick a piece of paper to the top. You have made a shaker.

