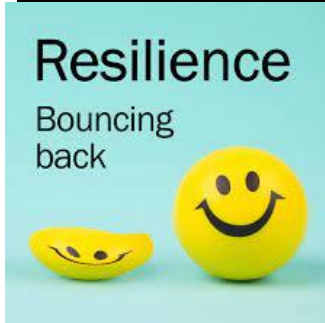




# ST. ANDREW'S SCHOOL NEWSLETTER

Friday, 1<sup>st</sup> March 2024

## Value for March: Resilience



In an ideal world, we'd all be living in a stress free environment where our future is fully mapped out for us. Unfortunately, that is not how life works, and there will be times when blips happen. When these do, it is important that we have the necessary resilience to be able to 'bounce back' from this adversity. Building children's resilience can help give them the tools they need to navigate stressful situations. When children have the skills and confidence to confront and work through problems, they learn that they have what it takes to tackle difficult issues. The more they manage on their own, the more they believe they are strong and capable. Even the most resilient of children will have days when it all becomes too much for them, and they will have their own ways of showing when these demands become too much. Educators and parents can help children build resilience and confront uncertainty by teaching them to solve problems independently.

As a parent, your gut reaction might be to jump in and help so that your child avoids dealing with discomfort. However, this weakens their resilience.

Unfortunately, children need to experience discomfort so they learn to work through it and develop their own problem-solving skills. Helping children develop into thriving adults is not about shielding them from adversity but helping them to develop the skills they need to flourish, that will set them up with healthy coping skills for the future.

*"Though the righteous fall seven times, they rise again..." Proverbs 24:16*

*"Failure is an important part of your growth and developing resilience. Don't be afraid to fail," Michelle Obama*

*"Do not judge me by my success, judge me by how many times I fell down and got back up again," Nelson Mandela*

## Remaining Parents Evening Appointments – 7<sup>th</sup> March

A reminder that no link is sent before your appointment time. You will need to login to the school cloud website shortly before your appointment time when the video will automatically start. <https://standrewsce.schoolcloud.co.uk/>



## Local Charity – Sebby's Corner



Sebby's Corner – a local charity – is looking for continued donations, especially new born or 0-3 month UNISEX only sleep suits for hospital bags for expectant mums in need.

Donations can be dropped into their collection box which is located in the foyer by the office.

## Reminder – please pre-book your child's lunch by Thursday each week

Please remember to pre-book your child's lunch choice by Thursday evening for the following week. The current menu runs up until the end of this term (Easter holidays) so you can even pre-book several weeks in advance. Pupils who have not pre booked will be automatically allocated a vegetarian meal (green band).



## Our Link with St Andrew's Church

*Please join us this Sunday, 3<sup>rd</sup> March, 3<sup>rd</sup> Sunday of Lent, for our Parish Communion at 10am.*

*Please join us for coffee in the Parish Hall after the service. All are welcome!*

*Lenten Conversations continue this Sunday at 5pm...*

## After School Club

Please be aware that the After School Club team does not have access to the office email account. Therefore, if you are giving permission for another adult to pick your child up from the club, please inform the office BEFORE 3:15pm. After this time, please phone the school number and select the option to be put through to ASC.

## Dates for your diary

Want to make sure you know about all upcoming events? Why not link your smart phone/tablet to our school website calendar? It's really easy to do and means you instantly are informed of everything that's coming up.



## Stars of the week



Well done to **all** of our pupils for another fantastic week here at St Andrew's  
***A special well done to our stars of the week:***

Week ending 1<sup>st</sup> March

<b>Reception</b>	<b>Serena</b> - for being a lovely learning partner during carpet sessions and listening to your friend's ideas. <b>Lucy</b> – for fantastic creative writing about your stick.
<b>Year 1</b>	<b>Isaac</b> – for always being ready to learn and for trying super hard with your reading. <b>Olivia Fidler</b> – for an excellent prediction about our new story. Keep it up!
<b>Year 2</b>	<b>Demitris</b> – for always giving 100% in all his learning. <b>Aarian</b> – for getting more involved in class discussions and sharing his maths learning.
<b>Year 3</b>	<b>Sienna</b> – for being an encouraging and supportive learning partner <b>Oden</b> – for making excellent. progress with your reading. Well done!
<b>Year 4</b>	<b>Year 4</b> – for excellent behaviour, effort and enthusiasm for your swimming. We are so proud of you!
<b>Year 5</b>	<b>Shiv</b> – for excellent effort in Maths and being a supportive talk partner. <b>Alessia</b> – for your kindness and considerate actions towards other members of the class.
<b>Year 6</b>	<b>Eliana H</b> – for writing an excellent diary in character. Well done! <b>Alexandra</b> – for improved contributions in all lessons. Keep it up!

## What's happening next half term

Thursday 7<sup>th</sup> March – Parents Evening Video appointments 3:50-6:30pm  
Friday 8<sup>th</sup> March – Dress Up for World Book Day  
Friday 8<sup>th</sup> March – PTA Mother's Day 'secret room' gift buying opportunities  
Monday 11<sup>th</sup> March – Year 5 performing at Arts Depot Dance Festival 5-7pm  
Tuesday 12<sup>th</sup> March – Lent Assembly in School with Revd Cate  
Friday 15<sup>th</sup> March – How to Help your Child with Maths workshop in hall 9am  
Wednesday 20<sup>th</sup> March – Cross Country competition at Oak Hill Park  
Monday 25<sup>th</sup> March – PTA 'Bunny Bounce' competition  
Tuesday 26<sup>th</sup> March – PTA eggs in jar competition  
Wednesday 27<sup>th</sup> March – PTA Easter bonnet competition  
Thursday 28<sup>th</sup> March – Lent Service at St Andrew's Church 9:30am  
Thursday 28<sup>th</sup> March – End of school term **1:30pm finish for all**