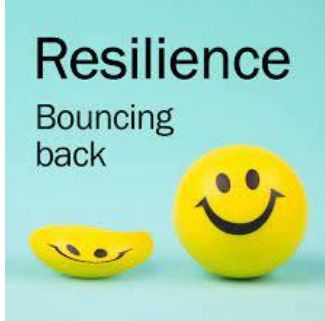




ST. ANDREW'S SCHOOL NEWSLETTER

Friday, 8th March 2024

Value for March: Resilience



In an ideal world, we'd all be living in a stress free environment where our future is fully mapped out for us. Unfortunately, that is not how life works, and there will be times when blips happen. When these do, it is important that we have the necessary resilience to be able to 'bounce back' from this adversity. Building children's resilience can help give them the tools they need to navigate stressful situations. When children have the skills and confidence to confront and work through problems, they learn that they have what it takes to tackle difficult issues. The more they manage on their own, the more they believe they are strong and capable. Even the most resilient of children will have days when it all becomes too much for them, and they will have their own ways of showing when these demands become too much. Educators and parents can help children build resilience and confront uncertainty by teaching them to solve problems independently.

As a parent, your gut reaction might be to jump in and help so that your child avoids dealing with discomfort. However, this weakens their resilience.

Unfortunately, children need to experience discomfort so they learn to work through it and develop their own problem-solving skills. Helping children develop into thriving adults is not about shielding them from adversity but helping them to develop the skills they need to flourish, that will set them up with healthy coping skills for the future.

"Though the righteous fall seven times, they rise again..." Proverbs 24:16

"Failure is an important part of your growth and developing resilience. Don't be afraid to fail," Michelle Obama

"Do not judge me by my success, judge me by how many times I fell down and got back up again," Nelson Mandela

Lost and Found

Our lost property box is over-flowing with items of unclaimed school uniform. We ask that all items are labelled so that we can return any lost items to its owner.

Many of these items have obviously been purchased from the PTA second hand clothing stall as they still have the original owner's name inside – when these children have long left the school!

If you buy a new item of uniform, please label it immediately.

If you buy any second hand items of uniform, please cut out the old label of the previous owner and replace with your child's name.



Local Charity – Sebby's Corner



After a hugely successful Mother's Day Appeal last year at Sebby's Corner we were able to pack 90 hospital bags for pregnant mums in need. We are delighted to launch our appeal for 2024 and hope to raise enough money to fund 100 hospital bags.

You can visit our website to shop, prices start from £4 or you can buy a complete hospital bag for £40. The hospital bags will be packed with all the essentials for mum & baby during their hospital stay. You can sponsor this in honour of someone special or in lieu of another gift. We will send them an email letting them know & thanking them for their support. The perfect gift for someone special this mother's day. Your donation will make a huge difference and support a family in desperate need. Together we can ensure that no child goes without the essentials they need to thrive.

<https://www.sebbyscorner.co.uk/mothersdayappeal>

World Book Day

The children thoroughly enjoyed dressing up as favourite book characters today. It was wonderful to see so many home-made costumes following this year's theme of sustainable items already found in their homes. There were so many creative ideas and designs – well done to all parents who (helped) make today's costumes! Here are pictures of the winners from each class who have won book tokens donated by the PTA, plus a whole school photo from our World Book Day assembly.



On International Women's Day...

Wishing all of the mums, grandmothers and other significant members of our families a wonderful Mothers Day for Sunday – we hope you are all spoilt and given treats on the day!



Reminder – please pre-book your child's lunch by Thursday each week

Please remember to pre-book your child's lunch choice by Thursday evening for the following week. The current menu runs up until the end of this term (Easter holidays) so you can even pre-book several weeks in advance. Pupils who have not pre booked will be automatically allocated a vegetarian meal (green band).



Our Link with St Andrew's Church

Please join us this Sunday, 10th March, 4th Sunday of Lent, for our Mothering Sunday All-age Communion at 10am. Please join us for coffee in the Parish Hall after the service. All are welcome!

Lenten Conversations takes a break this week and continues on Sunday 17th March at 5pm...

Dates for your diary

Want to make sure you know about all upcoming events? Why not link your smart phone/tablet to our school website calendar? It's really easy to do and means you instantly are informed of everything that's coming up.



Stars of the week – there were no certificates this week due to World Book Day assembly

What's happening next half term

Monday 11th March – Year 5 performing at Arts Depot Dance Festival 5-7pm

Monday 11th March – free Drama workshops for Rec/Y1/Y2/Y3

Tuesday 12th March – Lent Assembly in School with Revd Cate

Friday 15th March – How to Help your Child with Maths workshop in hall 9am for Rec/Y1/Y2 parents

Friday 15th March – Comic Relief Day non uniform day in exchange for money donation

Wednesday 20th March – Cross Country competition at Oak Hill Park

Monday 25th March – PTA 'Bunny Bounce' competition

Tuesday 26th March – PTA eggs in jar competition

Wednesday 27th March – PTA Easter bonnet competition

Thursday 28th March – Lent Service at St Andrew's Church 9:30am

Thursday 28th March – End of school term **1:30pm finish for all**