

LUNCH Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Sausage Pasta Bake	Quorn Loaded Masala & Rice	Broccoli & Cauliflower Cheese with Roast Potatoes	Roasted Gnocchi in Tomato Sauce	Cheese & Tomato Pizza & Oven Baked Chips
MAIN 2	Pasta Bolognese	BBQ Chicken with Mashed Potatoes & Gravy	Roast of the Day with Roast Potatoes & Gravy	Vegetable Lasagne	Friday Fish Bar & Oven Baked Chips
VEG	Daily vegetables served				
DESSERTS	Berry Crumble Muffin	Coconut & Lime Cake	Autumn Fruit Shortbread	Spiced Ginger Cake	Oat & Lemon Cookie
	Fruit & Yoghurt				

AVAILABLE DAILY
MON,WED,FRI- Jacket Potato with Beans, Cheese,Tuna or Coleslaw
TUES,THUR- Pasta & Lentil Tomato Sauce

4th NOV, 25th NOV, 16th DEC, 20th JAN, 10th FEB, 10th MAR, 31st MAR

MENU KEY Vegetarian Vegan Plant+ Spiced New Dish



LUNCH Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Veggie Sausage with Mashed Potatoes & Gravy 	Chinese Noodle Stir Fry 	Sticky Tomato Tart & Roast Potatoes 	Broccoli Soft Tacos & Rice 	Crispy Nuggets & Salsa & Oven Baked Chips 
MAIN 2	Chicken Sausage with Mashed Potatoes & Gravy	Rustic Farmhouse Hash 	Roast of the Day with Roast Potatoes & Gravy	BBQ Baked Chicken with Rice 	Friday Fish Bar & Oven Baked Chips
VEG	Daily vegetables served				
DESSERTS	Fruity Sponge Oat Crumble 	Fruit Jelly Pot 	Apple Yoghurt Cake 	Pear Upside Down Pudding 	Chocolate Cookie 
	Fruit & Yoghurt				

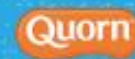
AVAILABLE DAILY

MON,WED,FRI- Jacket Potato with Beans, Cheese, Tuna or Coleslaw
TUES, THUR- Pasta & Lentil Tomato Sauce

11th NOV, 2nd DEC, 6th JAN, 27th JAN, 24th FEB, 17th MAR

MENU KEY


















 Vegetarian  Vegan  Plant+  Spiced  NEW New Dish



LUNCH

Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Tasty Massaman Curry with Rice & Peas  	Cheese & Tomato Pizza with Potato & Red Onion Salad 	Loaded Five Bean Chilli with Roast Potatoes  	Vegetable Tray Bake 	Filled Hummus Pitta Bread with Oven Baked Chips  
MAIN 2	Jerk Chicken with Rice & Peas	Meat Feast Pizza with Potato & Red Onion Salad	Roast of the Day with Roast Potatoes & Gravy	Mac n Cheese 	Friday Fish Bar & Oven Baked Chips
VEG	Daily vegetables served				
DESSERTS	Pear & Vanilla Slice 	Apricot Sponge with Custard 	Banana Yoghurt Cake  	Carrot Cake  	Cinnamon Apple Bun  
	Fruit & Yoghurt				

AVAILABLE DAILY

MON,WED,FRI- Jacket Potato with Beans, Cheese, Tuna or Coleslaw
 TUES,THUR- Pasta & Lentil Tomato Sauce

18th NOV, 9th DEC, 13th JAN, 3rd FEB, 3rd MAR, 24th MAR

MENU KEY

 Vegetarian  Vegan  Plant+  Spiced  NEW New Dish

